

## Marin Named to 1st Team All-State

Te-Moak Student Athletes Complete Winter Sports Season

Article and Photos by Victoria Jackson



Elko High School Senior, Alicia Marin, was named to the lists 1st Team All-League - North and 1st Team All-State for the 2016-2017 Basketball Season.

Elko, March 7 - With an average of 13.6, 4.2 steals, 2.5 assists and 5.5 rebounds per game, 18-year old Alicia Marin was awarded 1st Team All-League - North, and 1st Team All-State for the 2016-2017 basketball season.

As a Senior at Elko High School, Marin played for the Varsity team, and led the 3A conference in points, and steals.

During the 3A Regional Semi-Final game against Lowry High School, Marin tore her PCL (knee injury).

"I'm out for six weeks, in therapy three days a week, I go back in April, and hopefully my knee is okay, and if not, I will have to have surgery," Marin explained. "It was the last game of the sea-

See ATHLETES pg 2

## Logo Contest Announced

NEWE GHANI  
**LOGO CONTEST**  
\$1,000 PRIZE FOR WINNING ENTRY



The Newe Ghani Board of Trustees is looking for a logo for the newly established Newe Ghani (Home of the People) Cultural Center to be located at 1555 Shoshone Circle, Elko, Nevada. We are seeking Western Shoshone Community members who can design a logo that will encompass the mission of the Newe Ghani Cultural Center:

**Interpreting the Western Shoshone story from the Newe perspective, valuing and educating about our Newe way of life.**

The contest will begin on March 10, 2017. Submissions will be accepted through May 5, 2017. The winner will be contacted by a Board representative and announced publicly through a press release to local media outlets. For your entry to be submitted and review by the Board of Trustees, all entries must be:

1. Submitted directly to Cherie Fricke at c\_ike@mac.com
2. Logo must reflect the mission of Newe Ghani
3. Logos cannot contain any copyrighted material
4. Logos may not have been previously published
5. Newe Ghani retains all rights to the logo after selection

Details  
Contestants agree that the Newe Ghani Cultural Center may publish their logo and name and may use both for advertising or fundraising campaigns and marketing materials in the future. Contestants assign all ownership rights, including all intellectual property rights to the logo, to the Newe Ghani Cultural Center. Newe Ghani Cultural Center may alter, modify, or revise the logo as necessary.

If you would like more information about this contest please contact: Cherie Fricke at 503-476-7964 or c\_ike@mac.com

## New Resolutions

Submitted by Te-Moak Tribe Staff

**ORDINANCE OF THE TE-MOAK TRIBE OF WESTERN SHOSHONE INDIANS OF NEVADA SMOKE FREE WORK-PLACE**

17 ORD-TM-01

Be it enacted by the tribal council of the Te-Moak Tribe of Western Shoshone Indians of Nevada:

That in accordance with Article 4, Section 3 of the Constitution of the Te-Moak Tribe, approved August 24, 1938, as amended on August 26, 1982, as organized under the Indian Reorganization Act of June 18, 1934, (48 Stat.), as amended by the Act of June 15, 1935, (49 Stat. 378); that this Ordinance be known as the "Te-Moak Tribe Smoke Free Workplace" and shall become effective upon passage.

**STATEMENT OF PURPOSE:** An ordinance to promote and protect the health of its members and all other persons within its jurisdiction in the Te-Moak Tribe of Western Shosho-

ne Indians of Nevada, in accordance with Article 4, Section 3 of the Constitution of the Te-Moak Tribe of Western Shoshone Indians of Nevada:

**ARTICLE 1 - INTRODUCTION**

A. Short Title: This ordinance shall be known as the Te-Moak Tribal Smoke Free Workplace Ordinance.

B. Purpose: This ordinance is to promote and protect the health of its members and all other persons within its jurisdiction in the Te-Moak Tribe of Western Shoshone Indians of Nevada.

C. Authority: The authority for this ordinance is Article 1, Section 4 of the Constitution of the Te-Moak Tribe of Western Shoshone Indians of Nevada.

D. Interpretation: The interpretation and jurisdiction of the Smoke Free Workplace Ordinance lies solely with the Tribal

See RESOLUTIONS pg 3

## Longest Walk 5.2 Visits Te-Moak Bands

Article and Photo by Victoria Jackson



Longest Walk participants pin colored ribbons on the staff of Battle Mountain Band Council, in appreciation of hosting the runners. SATURDAY, MARCH 11, 2017

Elko, March 16 - Runners and walkers from the Longest Walk 5.2 arrived in Battle Mountain on Friday, March 10, with the purpose of "calling attention to, and seeking guidance on, drug related issues and domestic violence...on Indian Reservations and within communities throughout the U.S."

The group paraded into Battle Mountain

displaying brightly colored banners in support of Standing Rock and the Longest Walk.

While in Battle Mountain, the group participated in Sweat, as well as conducted surveys about domestic violence and drugs and alcohol.

The walk, otherwise known as a "spiritual run," was founded by Dennis Banks, activ-

ist and co-founder of the American Indian Movement. The original run was conducted in 1978, "to educate people about the US government's continuing threat to Tribal Sovereignty," beginning on Alcatraz Island and ending in Washington D.C.

This year's walk began at Crissy Field in San Francisco, Cali-

See WALK pg 8

## Snapp Crowned Nevada Urban Indians Brave

Article and Photo by Victoria Jackson

Elko, March 10 - 9-year old Kaden Snapp, son of Harrison Bedonie and Stephanie Sam, has recently earned the title of 2017-2018 Nevada Urban Indians Pow-Wow Brave. Snapp is a 4th grader at Southside Elementary.

The NUI Pow-Wow and Health Fair royalty contest was held on Friday, March 3, at Wooster High School. Snapp was announced at the NUI Brave on Saturday, March 4, during the pow-wow.

In order to earn his title, Snapp was required to sell raffle tickets, perform a talent and complete a personal interview portion. For his talent, Snapp hand drummed while singing, "Rumors."

During the interview portion, the panel asked him what he wants to be, when he grows up. Snapp answered, "a pro-

fessional grass dancer."

In preparation for the royalty contest, Snapp sold 657 raffle tickets. Ticket sales were used in the judging point system. Four of the winning tickets were purchased by Elko residents. The Grand Prize Winner of the 55" Smart TV is a teacher from Adobe Middle School.

Snapp is planning his pow-wow tour schedule for the 2017 year, including pow-wows in Brigham City, Utah, University of Utah in Salt Lake City, Utah, Boise State University in Boise, Idaho, Eastern Oregon, Spokane, Washington, Carson City, Nevada and Ely, Nevada, Snapp previously held the title of 2014-2015 Elko Band Little Brave.

"I get to represent Nevada Urban Indians all over the states," explained Snapp.



# Te-Moak Tribes Contact Information

**Te-Moak Tribes of Western Shoshone**  
525 Sunset Street  
Elko NV 89801  
Phone: (775) 738-9251  
Fax: (775) 738-2345  
Web Address  
www.temoaktribe.com

**Battle Mountain Band Council**  
37 Mountain View  
Battle Mountain, Nevada 89820  
Phone: (775) 635-2004  
Fax: (775) 635-8016

**Elko Band Council**  
1745 Silver Eagle Drive  
Elko, Nevada 89801  
Phone: (775) 738-8889  
Fax: (775) 753-5439

**South Fork Reservation Council**  
21 Lee B-13  
Spring Creek, Nevada 89815  
Phone: (775) 744-4273  
Fax: (775) 744-4523  
E-mail Address: sforkcouncil.adm@gmail.com  
Web address: southforkbandcouncil.org

**Wells Band Council**  
P.O. Box 809  
Wells, Nevada 89835  
Phone: (775) 752-3045  
Fax: (775) 752-2179  
E-mail address: wellsbandmf@yahoo.com

# Newspaper Contact Information

Tribal Administrator:  
Phaline Conklin

Editor/Producer:  
Victoria Jackson

Phone: 775-738-9251  
tmknews@yahoo.com

Monthly submission deadline:  
**8th day of each month**  
**No late submissions will be accepted**

www.temoaktribe.com

## ATHLETES continued

son, and we were only down by six points, then when I got hurt, I feel like it threw my whole team off, and we ended up losing by a lot."

After graduation, Marin intends to play basketball at Warner Pacific College, in Portland, Oregon, where Elko High School alumni, and Te-Moak Tribal member, Lorena Torres currently serves at the assistant coach for the Women's Basketball Team.

### Lindsey Oppenheim



Lindsey Oppenheim is a 16-year old Sophomore at Elko High School. For the past two years, she has been a member of Winter Cheerleading.

Throughout her freshman year, she participated in Speech and Debate. She also competed in Spring Track.

This year, Oppenheim said, "I did Football Cheerleading, Basketball Cheerleading, Speech and Debate, and I'm not going to do Track this year, just because I'm trying to get a job."

She intends to continue participating in Football Cheerleading and Speech and Debate for the rest of her high school career.

### Lauren Lloyd



Lauryn Lloyd, a 17-year old Junior at Elko High School, is also a cheerleader during Football and Basketball season.

She chose cheerleading as an extra-curricular activity to try something new. That something new has continued since her Freshman year.

She explained that she became interested in cheerleading, when her friend asked her to try it with her.

### Hayley Lloyd



Hayley Lloyd, a 16-year old Sophomore at Elko High School, has been a cheerleader throughout the high school basketball season since her Freshman year.

She joined the cheerleading squad because, "I wanted to get involved, and it looked fun."

The fun will continue, as she plans to participate in both Football and Basketball Cheerleading next year.

### Nadina Delgado



Nadina Delgado, an 18-year old Senior at Elko High School, played basketball throughout her entire high school career, including two years on the Varsity team.

She was also a member of the Varsity Track team, where she runs the sprinting portion. Delgado ran the 200 m, 300 m, and the Relay.

"I wanted to keep myself busy, so I ran track," Delgado explained.

She was also a member of the Key Club, for two years, and earned Varsity letters in both sports.

Delgado said she does not intend to play basketball in college.

### Anthony Johnson



Anthony Johnson, a 17-year old Junior just completed his first season of Basketball for Elko High School.

Johnson played all five positions throughout the season. Like most Native athletes, he's been playing bas-

ketball since he was in second grade. He hadn't played for a high school team before this year.

"My friends all convinced me to play for the high school this year, so I have the experience," said Johnson. "I love it, I'm learning new things from new coaches."

Johnson moved to Elko from the Four Corners area his 8th grade year, and he said the transition was difficult, but he's making progress in adjusting to life in Elko.

### Jordan Cota



Jordan Cota is a 5'10"/5'11" Freshman who played Volleyball for Elko High School this past Fall.

She started playing volleyball during her 5th grade PAL season.

In high school, she plays all of the front positions, right side, back side, middle. She said she's also a good server, then said she is taken out, "because I'm not good at the back."

Being the tallest member of the Freshman team, Cota explained that her stats were high in hitting and blocking.

She was interested in playing other sports, but didn't commit. She does intend to continue playing volleyball for the rest of her high school career.

**TE-MOAK TRIBE OF WESTERN SHOSHONE**  
525 Sunset Street • Elko, Nevada 89801  
775-738-9251 • Fax 775-738-2345

**Te-Moak Tribal Employment Rights Ordinance**  
**TERO**

**\*Advertisement\***

**Openings:** Four (4) Commissioners  
One (1) Alternate

**OPEN DATE:** March 2, 2017

**CLOSING DATE:** April 3, 2017

**Qualifications:**

- Providing information on Indian Preference and Equal Employment laws;
- Providing job search, application assistance, interviewing and job retention information;
- Negotiating Indian Preference Agreements with employers operating on or near the Te-Moak Tribe Land;
- Maintaining employment referral services to employers both on or near the Reservation;
- Investigating and completing on-site inspections of employers, contractors, or subcontractors to insure compliance with the TERO Ordinance and Tribes' Indian Preference Policy;
- Receiving and investigating potential employment discrimination complaint charges;
- Drafting charges of alleged violations of Title VII, filing with EEOC and attempting to conciliate complaints; Assisting Indians in capitalizing on employment opportunities and in developing their own businesses.

Please submit your letter and resume to:

Te-Moak Tribe of Western Shoshone  
525 Sunset Street  
Elko, Nevada 89801

For more information, please refer to the:

TE-MOAK TRIBAL EMPLOYMENT RIGHTS ORDINANCE AMENDMENT NO. 1  
NO. 14-ORD-TM-01

**TE-MOAK TRIBE OF WESTERN SHOSHONE**

Committee Advertisement

**Te-Moak Enrollment Committee Members**

**Position:** Five (5) Committee Members

**Effective Date:** March 10, 2017

**Closing Date:** March 24, 2017

**Location:** Te-Moak Tribe of Western Shoshone

Committee position serves: 2 Years Term

Please submit a Letter to:

Te-Moak Tribe of Western Shoshone  
525 Sunset Street  
Elko, Nevada 89801

For more information, please call Enrollment Director, Sharla Dick at

(775) 738-9251

## RESOLUTIONS continued

Council.

### ARTICLE II – FINDINGS AND INTENT

A. The Te-Moak Tribe of Western Shoshone Indians of Nevada is committed to protecting the public health, safety and welfare of the people of the Te-Moak Tribe especially unborn children, elderly and people with respiratory illness.

B. The Te-Moak Tribe of Western Shoshone Indians of Nevada finds that smoking may be linked to the higher incidence of infant mortality as much as prenatal smoking reduces oxygen to the fetus, prenatal smoking results in increased prevalence of respiratory problems, bronchitis, and pneumonia among newborns, and smoking is also associated with Sudden Infant Death Syndrome.

C. The Te-Moak Tribal Health Coalition has recommended the Te-Moak Tribal Council adopt an ordinance establishing all Tribal buildings and all offices of the Te-Moak Tribal Programs as smoke free.

D. The Te-Moak Constitution Article 9 (a) – The Tribe, in exercising powers of self-government, shall not: make or enforce any law prohibiting the free exercise of religion.

E. Tribal Council considers the health of its people to be of utmost importance, and recognizes that smoking is hazardous to one's health and jeopardizes the health of others through secondhand and third hand smoke. To improve and maintain the well-being of tribal members.

F. Tribal Council is responsible and oversees its buildings, indoor facilities and vehicles.

### ARTICLE III – DEFINITIONS

The following terms used in this Ordinance have the following meanings unless the context clearly indicated otherwise:

Ceremonial purposes means when an individual or individuals offer tobacco to carry the message of prayer.

### ARTICLE IV – REASONABLE DISTANCE

A. The Te-Moak Tribal Council on the day of passing this (Ordinance/Policy) have made an area of 25 feet around Tribal Buildings and facilities to be smoke free. Signs will be places to distinguish these No Smoking areas through this Ordinance 17-ORD-TM-01.

B. No person may smoke tobacco and other E-Cigs or Vaporizers that the Te-Moak and Band Programs operate out of.

C. This section does not prohibit the use of tobacco for ceremonial purposes.

D. Signs are required to be posted in all Tribal buildings in a visible area to advise the persons of "No Smoking".

### ARTICLE V – EFFECTIVE DATE OF ORDINANCE

This Ordinance shall become effective upon approval by the Te-Moak

Tribal Council.

C-E-R-T-I-F-I-C-A-T-I-O-N

I, the undersigned, as Chairman of the Tribal Council of the Te-Moak Tribe of Western Shoshone Indians of Nevada, do hereby certify that the Tribal Council is composed of 9 members of whom 8 constituting a quorum were present at a duly held meeting on 1st day of MARCH, 2017 and that the foregoing Ordinance was duly enacted at such meeting by an affirmative vote of 7 FOR; 0 AGAINST; 0 ABSTENTION, pursuant to the authority contained under Article 4, Section 3(n) of the Constitution of the Te-Moak Tribe of Western Shoshone Indians of Nevada.

Lydia Johnson, Chairman  
Te-Moak Tribe of Western Shoshone

ATTEST:

Phaline A. Conklin, Recording Secretary  
Te-Moak Tribal of Western Shoshone

### ORDINANCE OF THE TE-MOAK TRIBE OF WESTERN SHOSHONE INDIANS OF NEVADA ORDINANCE AMENDING

### MOTOR VEHICLE ORDINANCE, 86-ORD-TM-01 ORDINANCE NO. :17-ORD-TM

Be it enacted by the Tribal Council of the Te-Moak Tribe of Western Shoshone Indians of Nevada, that in accordance with Article 4, Section 3(n) of the Constitution of the Te-Moak Tribe of Western Shoshone Indians of Nevada, approved August 22, 1983, this "Ordinance amending Motor Vehicle Ordinance" of the Te-Moak Tribe effect upon adoption by the majority vote of the members of the Tribal Council present at a meeting duly called and held.

This ordinance is an ordinance amending the Motor Vehicle Ordinance, 86-ORD-TM-01, by adding to Article III – Traffic Offenses of 86-ORD-TM-01, Section 28, Safety Belts and Shoulder Harness Assembly; Requirements, Penalties, Exemptions; and SECTION 29, Child Restraints in Motor Vehicle for Infants and Children less than 57 inches tall.

### SECTION 28: Safety Belts and Shoulder Harness Assembly; Requirements, Penalties, Exemptions

1. Any person driving and any vehicle occupant(s) whether riding in front passenger seat or back passenger seat(s); sixteen (16) years of age and older shall wear a safety belt. A citation shall be issued to any driver and/or passenger who fails to wear a safety belt.

2. Violation of this section shall be considered a primary moving violation for which a law enforcement officer shall have the authority to stop a vehicle

and issue a citation upon his reasonable belief that the driver is in violation of this section.

3. Penalties:

(a) First Offense: \$50.00 fine. In lieu of payment of the assessed fine for a first offense, the offender may attend a safety education program.

(b) Second Offense: \$75.00

(3) Third and Subsequent Offenses: \$100.00 fine

4. Exemptions: Drivers and passengers of vehicles shall not be cited under the following circumstances.

(a) The vehicle is not required by law to be equipped with safety belts;

(b) The vehicle was manufactured prior to January 1, 1968; or

(c) When a physician determines that the use of a safety belt for a particular occupant would be impractical or dangerous because of factors such as occupant's weight, physical unfitness or medical condition, the occupant must carry in the vehicle a signed statement from a physician indicating such and must use a suitable restraining device for that particular occupant.

(d) If the vehicle is stopping frequently, the speed of that vehicle does not exceed 15 miles per hour between stops and the driver or the passenger is frequently leaving the vehicle or delivering property from the vehicle; or

(e) To a passenger riding in a means of public transportation, including a school bus or emergency vehicle.

5. It is unlawful for any person to distribute, have for sale, offer for sale or sell any safety belt or shoulder harness assembly for use in a motor vehicle unless it meets current minimum standards and specifications of the United States Department of Transportation.

### SECTION 29: Child Passenger Restraint Usage

It shall be the responsibility of the driver of any vehicle driven within the exterior boundaries of the Te-Moak Tribe Colonies to ensure the safety of all child occupants.

1. No person shall operate a motor vehicle unless each child occupant is secured in a properly installed child passenger restraint device that meets all applicable federal motor vehicle safety standards.

(a) Children less than two years of age shall be properly secured in a rear-facing child passenger restraint device until they reach the height or weight limit of said child passenger restraint in the rear seat of the vehicle. If the vehicle is not equipped with a rear seat, the rear-facing child passenger restraint device may be installed in the front seat if it is not installed in front of an active airbag.

(b) Traditional baby carriers such as cradleboards

are not acceptable forms of child passenger restraint devices and shall not be used as such in a moving motor vehicle.

(c) Children two to five years of age regardless of weight shall be properly secured in a child passenger restraint device that meets the requirements for the height and weight of the child. If the vehicle is not equipped with a rear seat, the child passenger restraint device may be installed in the front seat if it not installed in front of an active airbag.

(d) Children five years of age until the seat belts fit properly, shall be properly secured in a booster seat with a lap and shoulder belt until they reach 57 inches tall (4'9"). If the vehicle is not equipped with a rear seat, the booster seat may be installed in the front seat if it is not installed in front of an active airbag.

(e) Children less than 16 years of age and taller than 57 inches (4'9") shall be properly restrained in a lap and shoulder seat-belt. If the vehicle is not equipped with a rear seat, the child may sit in the front seat. A lap-only seat-belt should only be used when a lap and shoulder seatbelt is not available in any other seating positions.

2. Violation of this section shall be considered a primary moving violation for which a law enforcement officer shall have the authority to stop a vehicle and issue a citation upon his reasonable belief that the driver is in violation of this section.

3. Penalties

(a) First Offense: Pay a fine not less than \$100 or more than \$300 or order the defendant to perform not less than 10 hours or more than 50 hours community service.

1. Fine may be reduced or waived with submission to the Court proof that the violator has obtained a proper child passenger restraint device designed to fit the child and it has been properly installed by a Certified Child Passenger Safety Technician along with educational materials on best practices for Child Passenger Safety.

(b) Second Offense: Pay a fine of not less than \$300 or more than \$500 or order the defendant to perform not less than 50 hours or more than 100 hours of community service;

(c) Third and Subsequent Offenses: The defendant shall be ordered by the Court that the defendant shall not be able to drive a vehicle within the jurisdiction of the Court for not less than 30 days or more than 180 days.

4. A person or agency approved by the Court of the Te-Moak Tribe to conduct programs of the training and perform inspections of child restraint systems may, in cooperation with the law enforcement agen-

cy with jurisdiction, establish a fee to be paid by defendants who are ordered to complete a program of training. The amount of the fee, if any:

(a) Must be reasonable; and

(b) May, if a defendant desires to acquire a child restraint system from such a person or agency, include the cost of a child restraint system provided by the person or agency to the defendant.

A program of training may not be operated for profit.

5. Drivers who habitually fail to comply with this section may be cited under other relevant sections of the Law and Order Code for child abuse or neglect for which appropriate penalties will apply.

6. This section does not apply:

(a) To a person who is transporting a child in a means of public transportation, including a taxi, school bus or emergency vehicle.

(b) When a physician determines that the use of a child restraint system for the particular child would be impractical or dangerous because of such factors as the child's weight, physical unfitness or medical condition. In this case, the person transporting the child shall carry in the vehicle the signed statement of the physician to the effect.

7. As used in this section, "child restraint system" means any device that is designed for use in a motor vehicle to restrain, seat or position children. The term includes, without limitation:

(a) Booster seats and belt-positioning seats that are designed to elevate or otherwise position a child to allow the child to be secured with a safety belt;

(b) Integrated child seats; and

(c) Safety belts that are designed specifically to be adjusted to accommodate children.

C-E-R-T-I-F-I-C-A-T-I-O-N

I, the undersigned, as Chairperson of the Tribal Council for the Te-Moak Tribe of Western Shoshone Indians of Nevada, do hereby certify that the Tribal Council is composed of 9 members, of whom \_\_\_ constituting a quorum were present at a duly held meeting on \_\_\_\_\_, 2017, and that the foregoing Ordinance was duly adopted as such meeting by affirmative vote of \_\_\_ FOR; \_\_\_ AGAINST; and \_\_\_ ABSTENTIONS, pursuant to the authority contain under Article 4, Section 3(n) of the Constitution of the Te-Moak Tribe of Western Shoshone Indians of Nevada.

Lydia Johnson, Tribal Chairperson

Te-Moak Tribe of Western Shoshone Indians of Nevada

# Shoshone Welcome Center Menu

## March

2017

### Lunch menu

Shoshone Welcome Center 1543 Silver Eagle Dr. 775-738-0425

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch served from 12:00 to 12:30 pm			1 Vegetable soup Chicken Salad Sand Peaches	2 Lemon Chicken Rice Pilaf /broccoli Oranges	3 Tuna Macaroni /roll Mixed vegetable Jello w/fruit	4 1% milk served daily
5 Meatball Subs Cole slaw Lemon cake	6 Beef stew/ bread Green Salad Oranges	7 Chicken Noodle soup / ham & cheese sand Peanut butter cookie Apple	8 Happy Birthday	9 Chili Bean/Frybread Green Salad Tapioca Pudding	10 Lasagna/ green beans / garlic bread Chocolate Pudding	11
12 Hamburgers Macaroni Salad Corn on Cobb Fruit Salad	13 Potato Soup? Roast Beef sandwiches chips/ butterscotch Pudding	14 Pork chops /corn Stuffing / rolls Cake -n- Ice Cream	15 St. Patties Day	16 Corn beef/ cabbage Red potato / baby Carrots / Frog Eyed Salad	17 Tomato Soup Tuna Sandwich/chip Jello w/fruit	18
19 Menu may change Without prior notice	20 Sloppy Joe / Fries Corn on Cobb Apple cobbler USDA commodity	21 Minestrone Soup Grilled cheese Oranges USDA commodity	22 Chicken Stir Fry w/rice mandarin Orange Fortune cookie	23 Chili Dogs / Fries Cole Slaw Fruit Salad	24 Spaghetti /Garlic bread / green salad Vanilla Pudding	25
26 Meat-n-Potatoes Green Salad / Rolls Grapes	27 INDIAN TACOS W/ All Trimmings Peach Pie	28 French Dip Sandwich / Pasta Salad / Fruit Salad	29	30	31	

## Impaired Driving: Part II, The Drugged Driver: Under the Influence of Marijuana

Toni Roloson, Traffic Specialist Intern, Tribal Motor Vehicle Crash Injury Prevention Project

In light of recent changes in marijuana laws and as continuation on our look at Impaired Driving, this month I am going to focus on the effects that marijuana has on our ability to drive. I recently attended two trainings on drugged driving and walked away with a wealth of information. Please also take into consideration as you read this article that while recreational marijuana use has been legalized in the state, it is still illegal on federal lands, which the Tribe falls under.

Marijuana refers to the dried leaves, flowers, stems, and seeds from the hemp plant, Cannabis sativa and is the most commonly used drug in the United States. There are various ways to use this drug but is mostly commonly smoked or eaten in "edibles".

Often, we are told that marijuana has not ill effects and is harmless, this is however, incorrect as there can be serious even deadly effects espe-

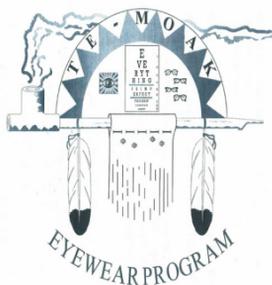
cially when driving under the influence. According to the National Institute on Drug Abuse, marijuana can slow reaction time, impair judgment of time and distance, and decrease coordination. It can also cause an increase of lane weaving and failure to maintain the correct lane. Marijuana is the drugged most often found in the blood of drivers involved in crashes. This is only second to alcohol. Tests that measure marijuana in the blood are checking the level of Delta-9 tetrahydrocannabinol or THC. Drivers with THC in their blood are roughly two times as likely to be responsible for a deadly crash or be killed than drivers who hadn't used drugs or alcohol.

Marijuana has mental effects that people are often not aware of. These include temporary hallucinations, which are sensations and images that seem real though they are not. Temporary paranoia is

an extreme and unreasonable distrust of others. The use of this drug can make symptoms worse for those who suffer schizophrenia, bipolar disorder and other mental illnesses. Studies have shown an increase in suicides and homicides due to these side effects of marijuana.

These side effects will impair your ability to drive. It is important when behind the wheel that we have not taken in any substance that will affect our driving and could possibly cause a crash. Like with alcohol if you chose to partake in the use of this drug, do not drive. Make sure you have a safe way home. Make your decisions in advance, when you are under the influence of any substance decision making will be impaired and you will not be able to make the best choices.

\*www.drugabuse.gov



### TE-MOAK EYEWEAR PROGRAM

OPEN TO PUBLIC  
EVERYONE WELCOME!!!  
(775) 738-9251

525 SUNSET STREET  
ELKO, NV

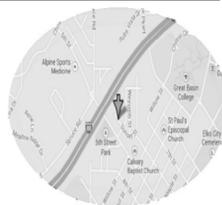
**WE HAVE VERY COMPETITIVE PRICES!!**

COME IN TODAY AND CHECK OUT OUR WIDE SELECTION OF FRAMES. ALL YOU NEED TO DO IS BRING IN A CURRENT EYEGASS PRESCRIPTION, AND WE CAN SET YOU UP!

**WE CAN ALSO ORDER YOUR CONTACT LENSES.**

**WE NOW ACCEPT ALL MAJOR CREDIT/DEBIT CARDS.**

OFFICE HOURS:  
MONDAY-FRIDAY  
8:00A.M.-5:00P.M.



Te-Moak Eyewear Program is for EVERYONE in the Elko and surrounding areas. All you have to do is bring in a current eyeglass prescription, and we will set you up with the latest styles in eyewear. In just a matter of a week or two, you will be happy with how good you look and how clearly you can see, and the prices will make you even happier.

Call or come in today!!  
775-738-9251

525 Sunset Street, Elko, Nevada 89801

## Classes and Community Calendar

### Democratic Central Committee

March 21  
Northeastern Nevada Regional Center Classroom  
FMI: ElkoDems@gmail.com

### Diabetes Topic Sessions

with Jan Boyer  
March 22  
4th Wednesday of each month  
8:30 am OR 3 pm  
Souther Bands Health Center  
Must sign up at Reception  
515 Shoshone Circle, Elko  
FMI: Jan Boyer - 775-738-2252

### Reduce Diabetes Damage Education Class

with Jan Boyer  
March 22  
5:30 - 7:00 pm  
Te-Moak Diabetes Center  
FMI: 775-738-4881

### Flagview Cultural Night

April 7 - 6:30 pm  
Sign up if interested  
FMI: 775-738-4881 or 775-401-0770

### Wells - Shoshone Language Class

Thursdays, 5-7 pm  
Wells Band Environmental Department  
1705 Mountain View Drive  
775-752-2601

### Elko - Adult Shoshone Language Class

Tuesdays and Thursdays  
6 pm, Welcome Center  
FMI: Marlene 775-738-8889

### Active Citizens Meeting

Wednesdays 6-8 pm  
Te-Moak Diabetes Center  
FMI: Cherie, cherie.ike@britishcouncil.org

### Elko Zumba

Mon, Wed, Fridays  
5:30 pm - 6:30 pm  
Te-Moak Diabetes Center  
Elko  
FMI: Lillian 775-397-6198  
Sharon 775-388-3300

### Battle Mountain Diabetes Program Scheduled Events:

#### Native Dance Class with Kid Fit Program

Wednesdays 4 pm - 5 pm  
the Big House

#### Elder and Adult Workout/ Craft Day

Thursdays  
Workout 5 pm - Gym  
Craft 5:30 pm - Senior Center

#### Diabetes Education Class

Last Thursday of each Month  
5:30 pm  
Meeting Room

#### Dr. Patton (foot doctor)

First Thursday of each month  
Call BMDA for appointment

# Employment Announcements

## Elko Band Council

**Title:** Finance Director  
**Salary:** Negotiable - DOE (exempt)  
**Open Date:** March 9, 2017  
**Closing Date:** Until Filled

### Typical duties:

Under the daily supervision of the Administrator, the Finance Director operates and maintains centralized financial system using the Quick Books Program which includes but is not limited to the following. Account Receivables, Purchase Orders and Encumbrances, Account Payables, Payroll and Personnel, Budget Forecasting and Fixed Assets.

### Accounts receivables:

– Operator must post monthly receipts and all miscellaneous income for proper distribution to customers and general ledger income line items.

### Account payables:

– Purchase Orders and Encumbrances, Operator must enter all invoices once reconciled, mark for payment, produce checks to ensure posting to the proper accounts for the general ledger, secure signatures and distribute in a timely basis. At year end, operator must post all outstanding Purchase Orders to the encumbrances for tracking.

### Payroll:

– Finance Director must enter all current information to the payroll program, produce payroll checks, secure signatures and distribute in a timely basis.

### Budget forecasting:

– The Finance Director inputs and maintains current and future budget information. Corrects budget when modified.

### Fixed assets:

– Finance Director inputs data for tracking of fixed assets under the control of the Elko Band Council. Finance Director maintains current information on changes of location and newly acquired fixed assets.  
 – Must maintain daily balances in all bank accounts and prepares manual checks for transfer of funds to various accounts including clearing account.  
 – Maintains all personnel, accounts receivables and accounts payables files, including, customer files, vendor files and employee files.  
 – Performs all other duties as assigned.

### Qualifications:

– Must have ability to proficiently operate an electronic typewriter, and functions of a computer.  
 – Must have ability to proficiently, accurately operate 10-key calculator and Quick Books Enterprise Solution.  
 – Basic computer skills required.  
 – Must have ability to take direction, be able to work with general public, display good manners on the telephone and be able to work without constant supervision.  
 – Must be able to effectively supervise staff in the finance department.  
 – Must be able to check own work and recognize errors.  
 – Must have some knowledge in Federal Funding.

### Education and experience:

– Must have a business degree in accounting or at least four years accounting experience.  
 – Experience on fully integrated computer and or fund accounting system preferred.

### Other requirements:

– Applicant must possess a valid Nevada's Drivers License. Those with a felony record need not apply.  
 – Must provide copy of driving record from Nevada DMV.

### Indian preference:

Preference in filling vacancies is given to qualified Indian candidates in accordance with the Indian Preference Act (Title 25, U.S. Code, Section 472 and 473). However, the Elko Band Council is an Equal Opportunity Employer and all qualified applicants will be considered in accordance with the provisions of Section 703 (1) of Title VII of Civil Rights Act of 1964, amended in 1991.

### Application:

Employment applications may be obtained at the Elko Band Administration Office located at 1745 Silver Eagle Drive, Elko, NV 89801, or by calling (775) 738-8889.

## Elko Band Council

**Title:** Maintenance Helper  
**Salary:** \$10.00 per hour (DOE) Full-Time (NON-EXEMPT)  
**Open Date:** March 9, 2017  
**Closing Date:** March 20, 2017

### Definition:

Under the immediate supervision of the Maintenance Supervisor. In his absence under the supervision of the Elko Band Administrator. The Maintenance Helper is responsible to assist in the maintenance of the tribal vehicles, machines, equipment, buildings and grounds.

### Typical duties:

– Assists in routinely servicing the tribal vehicles. Maintain oil and gas levels on all equipment and vehicles.  
 – Assists with minor repairs and daily maintenance of all tribal buildings.  
 – Assists in maintaining all tribal grounds including lawns, trees, parks, and blacktop in parking areas  
 – Assists in changing fluorescent lights and light bulbs when needed.  
 – Assists in removing snow from parking areas, sidewalks, and streets.  
 – Assists in maintaining inventory of shop tools, equipment, and supplies.  
 – Assists with other repairs and maintenance duties that are assigned by Supervisor.

### Qualifications:

– **Must possess a valid Nevada State Class C drivers License.**  
 – Must have knowledge of plumbing, carpentry, electrical, and mechanical devices.  
 – Must know how to operate backhoe, landscaping tractor and dump truck, etc.  
 – Must have knowledge to safely operate power tools.  
 – Must have a cleaning driving record for a minimum of three (3) years and no DUIs.  
 – **Must provide a copy of driving record from Nevada DMV**  
 – **ALL OTHER DUTIES AS ASSIGNED**

### Education and Experience:

– A high school diploma or GED equivalent is accepted.  
 – Some knowledge in computers and computer programs (Microsoft word, Excel etc.) a plus but not required.

### Indian Preference:

Preference in filling vacancies is given to qualified Indian candidates in accordance with the Indian Preference Act (Title 25, U.S. Code, Section 472 and 473). However, the Elko Band Council is an Equal Opportunity Employer and all qualified applicants will be considered in accordance with the provisions of Section 703 (1) of Title VII of Civil Rights Act of 1964, amended in 1991.

### Application:

Employment applications may be obtained at the Elko Band Administration Office located at 1745 Silver Eagle Drive, Elko, NV 89801, or by calling (775) 738-8889.

## Te-Moak Housing Authority

**TMHA is seeking an Accounting Technician  
 Full-Time/ Benefits**

**Salary \$12.00 per Hour – Negotiable DOE.**

– Responsible for all functions of accounts receivable and payables.  
 – Assist with posting tenant payments daily. Attend TMHA meetings upon request. Must consent to random alcohol/drug testing.  
 – REQUIREMENT TO SUBMIT A RESUME, A COPY OF NEVADA DRIVER'S LICENSE, AND COPY OF DMV DRIVING RECORD at the time of submitting job application.  
 – CLOSES: March 14 at 5 pm.  
 – Preference shall be given to Native American applicants in accordance with the Indian Preference Act.

# TE-MOAK DIABETES PROGRAM

## How to Get Started Walking By Sharon Aina, Diabetes Asst./GHWIC Site Coord.

For all of you Spring and Summer READY folks the weather is getting warmer and the roads are clearing up for you to be able to take a stroll through the neighborhood or better yet visit your local Diabetes Program Centers in your area where treadmills are available for use. Walking can help you stay healthy and live longer. All you need is sturdy pair of shoes, a few minutes out of your day and a safe area to get those legs moving! If you are not sure whether or not walking is right for

you, ask your health-care provider how much walking is right for you and if you need to check your blood sugar before and after you walk.

If walking is right for you, you can start slowly. You can start slowly by walking at your own pace. You can also walk up and down your driveway or around your home. When the phone rings and you have to walk over to pick it up just simply start walking around while talking. Going shopping? How about parking a little further away from

the store. Try to make a goal of walking at least 3 to 5 minutes for at least 3 times a day. Before you know it, you'll be entering your local walkathon! With walking you'll find yourself getting better and stronger.

Walking helps our mind, body, spirit and emotions. It can give you more energy by keeping your blood sugar, blood pressure, cholesterol and weight in good ranges. Walking can also help us keep active and prevent injuries by moving our muscles and making our bones

strong. It is also a way for us to keep calm and feel less stress by lifting our spirits.

Walking is a great time for people to enjoy the outdoors, especially when the weather is nice. If you need someone to accompany you on your walk, ask a family member or friend. Making it a group activity will be enjoyable. By starting to walk, you are taking care of yourself and your health.

Things to remember:  
 – Walking is an excellent form of exercise for people of all ages and abilities.

– Prepare for a walk by warming up, wearing the correct clothing and shoes, and making sure that you are well hydrated. Warm down after a walk.

– See your doctor for a medical check-up before embarking on any new fitness program, particularly if you are obese, haven't exercised in a long time or suffer from a chronic medical condition.

(Tips source: <https://www.betterhealth.vic.gov.au/health/healthyliving/walking-tips>)

## Ordinance of the Te-Moak Tribe of Western Shoshone Indians of Nevada Smoke Free Workplace

By Sharon Aina, Diabetes Asst. / GHWIC Site Coordinator

On March 1, 2017 the Te-Moak Tribal Council passed a Smoke Free Ordinance and have made an area of 25 feet around Tribal Buildings and facilities to be smoke free. Signs will be placed to distinguish No smoking areas through this Ordinance 17-ORD-TM-01. This smoke free ordinance includes that no person may smoke tobacco and other E-Cigarettes or vaporizers that the Te-Moak and Band programs operate out of. This section does not prohibit the use of tobacco for ceremonial purposes. This ordinance is to promote and protect the health of all community members and all other persons within its jurisdiction in the Te-Moak Tribe of Western Shoshone Indians of Nevada.

The Te-Moak Health Coalition is pleased and thankful

for the passing of the Smoke Free Workplace ordinance. I will like to first off thank Coalition member Shakea Jim for all her help in preparing this ordinance, as well as every single coalition member that takes their time to meet and discuss our plans to see healthy tribal communities. As a coalition our next step in pursuing this ordinance is to put No Smoking signs in areas that are prohibited from smoking, as well as designating an area of 25 feet away from the smoke free section for those who do smoke.

The Te-Moak Tribe of Western Shoshone Indians of Nevada is committed to protecting the public health, safety and welfare of the people of the Te-Moak Tribe, especially unborn children, elderly and people with respiratory illness.

JUST FOR FUN! DIABETES WORD SEARCH PUZZLE  
 TRY YOUR BEST TO FIND ALL THE WORDS LISTED BELOW

### Diabetes

Source: [www.thepotters.com/puzzles.html](http://www.thepotters.com/puzzles.html)



- |          |          |         |
|----------|----------|---------|
| BLOOD    | FATS     | PILLS   |
| CARBS    | FINGER   | SHOTS   |
| COMA     | INSULIN  | STARCH  |
| DIET     | MANAGE   | SUGAR   |
| DISEASE  | METER    | TYPE I  |
| EXERCISE | PANCREAS | TYPE II |

## The Benefits of Community Gardens

By Sharon Aina, Te-Moak Diabetes Assistant/GHWIC Site Coordinator

The introduction to community gardens may be able to reduce the impact of food deserts in low-income areas and allow residents access to nutritious foods that is necessary to live a healthy life. Both poor nutrition and obesity are challenges to low-income neighborhoods. Low accessible nutritious foods can cause health problems to those who live in areas that are considered "food desert". A food desert is a geographic area where affordable and nutritious food is hard to obtain, particularly for those without access to an automobile. The addition to community gardens in these areas may improve nutrition and increase the consumption of fruits and vegetables.

Community gardens:

- Increase access to fresh foods
- Improve food security
- Increase physical activity through

garden maintenance activities

- Improve dietary habits through education
- Increase fruit and vegetable intake
- Reduce risk of obesity and obesity-related diseases
- Improve mental health and promote relaxation

Gardens have been an important aspect to many cultures throughout history. Community gardens were most commonly used to provide food for families all year-round. Community gardens can provide fresh and healthy produce for its residents.

Below is a recipe from Suquamish Traditional Plants Program

Huckleberry Salad Dressing

-Suquamish lands are rich with many types of berries and they have always been dearly loved by the Suquamish

people. This dressing is delicious on wild greens, spring salad greens and fruit salads!

- 1 ½ - 2 cups Huckleberries, Salal berries, blackberries or Juneberries
- ¼ cup Balsamic vinegar
- ¾ cup light olive oil or organic canola or sunflower oil
- 1 tablespoon lemon juice (optional) 2 tablespoons water
- 1 - 2 tablespoons Honey
- Salt & pepper to taste
- Puree huckleberries, water, lemon juice, honey and vinegar in food processor, add salt and pepper. While processor is running add oil in a slow, steady stream. Adjust seasoning if needed. I hope you all enjoy!

Sources: <https://greenleafcommunities.org/> Traditional foods in Native America (CDC)

# Elko Native Dance Class

Diabetes Center 3:15-4:45pm  
Tuesday & Thursday  
Snacks & Rides Home Provided

If any questions or concerns please call Courtney  
738-4881 or 401-0770

**News Flash!**

## Diabetes Topic Sessions

at Southern Bands Health Center – 738-2252  
with Jan Boyer, Diabetes Nurse Specialist & Educator

The 4<sup>th</sup> Wednesday of every month for one hour!  
Sign up at the Clinic Reception Desk (required)  
(SPACE IS LIMITED)  
**Choose 8:30 AM or 3 PM**

Four Topics:  
Class #1 – “Diabetes Overview and Goal Setting” – 1/25/17  
Class #2 – “Blood Sugar Management & Medications” – 2/22/17  
Class #3 – “Healthy Food Choices for People with Diabetes” – 3/22/17  
Class #4 – “Managing Food Portions & Exercise for Health” – 4/26/17  
(series will begin again in May and in September)

# Calling all Dancers!!!

## Cultural Night @ Flagview Intermediate School

Performance will be held on April 7, 2017 @ 6:30p.m. We will be serving a light dinner at the Diabetes Center 5:30pm.  
If interested call and sign up.

If you have any questions please call Courtney at the Diabetes Center 738-4881 or 401-0770

March 2017 EDUCATION CLASS

**Rescheduled: Reduce Diabetes Damage!! Learn the facts!**

with Jan Boyer, Diabetes Clinical Nurse Specialist & Educator

- What happens if blood sugar levels remain high for a long time?
- How do I reduce my risk of long-term problems from diabetes?
- Do diabetes medications cause damage to my body?

Wednesday, March 22nd<sup>h</sup>, 5:30 to 7 pm at the Diabetes Center

Door Prizes! Healthy Snacks! Games!

Te-Moak Diabetes Center – 511 Sunset Street, Elko  
Call 738-4881 for more information

Bring your questions....set your goals!

**AMERIND Risk**  
Tribes Protecting Tribes

# 2017 Safety Poster Contest

Three Grade Categories  
K-3 4-6 7-8

Contest Overview: The AMERIND Risk Safety Poster Contest is coming up. We encourage a Housing Authority or TDHE to sponsor a local Poster Contest for children in grades K-3, 4-6, and 7-8. Contestants should submit a poster that promotes any safety issue (examples: fire, distracted driving, home fire escape plan, how to call 9-1-1, etc.)

You could win \$1,000! Disclosure: AMERIND Risk sponsors this voluntary poster contest annually as a service to our members. By participating in the program, you agree to allow us to publish the submitted posters, as we will use the posters in publications and/or on our website. Prizes: First place winners in each category will receive a \$1,000 cash prize!

**Safety Poster Official Rules:**

- ❖ Entry form must be filled out completely.
- ❖ Illustrate a “safety” theme.
- ❖ Children in kindergarten through the 8th grade during the 2016- 2017 school year are eligible to participate. (Only one entry per child.) Category grades: K-3, 4-6, 7-8
- ❖ All entries must be original and created by the child using crayons, markers, colored pencil or paint.
- ❖ Posters must be drawn horizontally on 8.5” x 11” paper.

Contact Te-Moak Housing Authority for more information at: (775) 738-9238 • Lisa Ike, Asset Specialist • tmhaasp@frontier.com

**Deadline for poster entries:**  
May 12, 2017 at 4:00 PM. Poster judging will be held on May 16, 2017 and announcements will be posted for public view. Chosen posters will then be mailed to Region 7 Nevada/California Regional Housing Authority for Final Stage judging. AMERIND will then choose one winner out of each category and publish on AMERIND’s webpage.

Nevada Department of Agriculture  
Food and Nutrition Division  
405 S. 21<sup>st</sup> Street  
Sparks, NV 89431  
Phone: (775) 353-3758 Fax: (775) 353-3749

Food Distribution Program on Indian Reservations  
2017 Elko Distribution Dates

January 23 <sup>th</sup> & 24 <sup>th</sup>	July 17 <sup>th</sup> & 18 <sup>th</sup>
February 13 <sup>th</sup> & 14 <sup>th</sup>	August 7 <sup>th</sup> & 8 <sup>th</sup>
March 20 <sup>th</sup> & 21 <sup>st</sup>	September 18 <sup>th</sup> & 19 <sup>th</sup>
April 10 <sup>th</sup> & 11 <sup>th</sup>	October 16 <sup>th</sup> & 17 <sup>th</sup>
May 8 <sup>th</sup> & 9 <sup>th</sup>	November 13 <sup>th</sup> & 14 <sup>th</sup>
June 19 <sup>th</sup> & 20 <sup>th</sup>	December 11 <sup>th</sup> & 12 <sup>th</sup>

Monday -Times are from 2:00 pm to 4:00 pm.  
Tuesday -Times are from 8:00 am to 11:00 am.

Please remember start times are approximate depending on road and weather conditions.

# ATTENTION

## Te-Moak Diabetes Program

is NOW OFFERING strength conditioning, group training & personal training through  
*Elko Strength & Fitness Systems*

- Kettle Bells
- Lose Body Fat
- Condition
- Personal Training
- improve heart health

*& Much More*

**To Sign Up Please Bring TRIBAL I.D**

For more Info:  
Contact: Te-Moak Diabetes Center @ 775-738-4881  
We are open Mon-Fri (8am-5pm) CLOSED 12pm-1pm for LUNCH  
THANK YOU!

**TE-MOAK DIABETES**  
is now sponsoring the following:

ZUMBA: MON. WED. FRI.  
FREE  
Tues. Thurs.  
CYCLING, STEP AEROBICS & KICK BOXING  
FREE

ALL CLASSES ARE HELD FROM 5:30PM - 6:30PM @  
**DIABETES CENTER**  
511 SUNSET ST. ELKO, NV

FOR MORE INFO CALL:  
LILLIAN THOMAS @ 775-397-6198  
SHARON AINA @ 775-388-3300

# WALK continued

fornia on February 12, and is scheduled for completion on July 15 at the Lincoln Memorial in Washington D.C.

This year's walk is the second of three segments. Last year's walk began in La Jolla, California, and the group made their way through the southern states of the U.S. The group is tentatively planning to begin the 2018 walk in the northern states.

Many of the travelers continued their expedition to Standing Rock, after they completed their trek to Washington D.C. in 2016, to stand in solidarity with other Water Protectors.

Each walker/runner has a different personal reason for taking the 3,600 mile trek across the country.

Kid Valance, 59, Run Captain, calculates the distance between stops. "Sometimes we string out runners to cover 60 or 70 miles. It's like a relay, but we run at the same time - we call it crow hopping."

Valance stated that he grew up with no heritage, but considered himself a runner throughout his young life. He is also the group's troubadour, serenading each community with his music about the struggles of life.

"This is actually a moving prayer across the country," Valance continued. "At every community we visit, we are interacting in a very meaningful way."

Chantel Luna, 23, a member of the Navajo Nation is on the trip for personal reasons.

"I know what domestic violence is all about, I grew up in a domestic home. My father was an alcoholic, everyday was scary at home," Luna explained. "I thought it was a way of life."

She learned about domestic violence at a school presentation. "When I thought about domestic violence, I thought there had to be violence in the home all the time, I didn't

know that there were different kinds."

Luna says her mission is to spread awareness about domestic violence, because, "I don't want any of the girls now, or any of the youth, to not know about domestic violence."

She said that she's still in the healing process, coming to terms with the understanding of how domestic violence affected her.

Simon Jones, 33, from Klage-toh, Arizona, is a runner, "My purpose is to bring awareness to our people, because it is vital to our children."

Jones continued, "I grew up with an alcoholic family, and a lot of violence, so it serves a lot of purposes, not only for the communities, but a healing purpose for myself."

He explained that the group is walking and running in prayer, while carrying a message to communities. Jones is recovering from alcoholism, and has reached the five-month mark. He hopes that he can convey his experiences with struggles he has faced throughout his life, and help someone, along the way, with their own personal struggles.

"I'm going to say that I'm a survivor, and I'm going to keep pushing myself to stay sober," said Jones. "It's a gift that's given to me, I really want to give back and find my true value, and meaning of life."

The group arrived in Elko on Monday, March 18. They were greeted by local tribal officials at the Elko Colony Health and Wellness Center. While in Elko, they camped by the arbor, behind the Old Welcome Center.

Walkers and runners mingled with the Seniors at the New Welcome Center on Tuesday, March 19. They explained the purpose of the walk, and exchanged cultural information with the elders.

Tuesday evening, a bonfire was organized by Te-Moak Housing Crime Prevention Coordinator, Darla Lozano. Community members from the Te-Moak areas and Elko were in attendance to relay their stories of struggles, as well as stories about how they've overcome adversity. Many of the runners spoke to the crowd about their personal decisions to join the cause.

The Longest Walk participants also held presentations for the school aged children about bullying, and some volunteered to read to the kids.

Wednesday, March 15, marked the last day the group interacted with the locals. A survey was handed out before the potluck luncheon, and the annual report was given by the visitors.

Some members of the walk plan to return to the Elko area on their return trip from D.C.



**VOLUNTEERS  
WANTED**

**THE TE-MOAK  
TRANSPORTATION  
DEPARTMENT IS  
IN NEED OF A FEW  
VOLUNTEERS TO  
DO BIKE MAINTENANCE ON JUNE  
19TH FOR OUR  
BIKE RODEO THAT  
WILL TAKE PLACE  
ON JUNE 22ND,  
2017.**

**PLEASE CONTACT  
TONI OR AARON  
AT 775-738-9251  
EXT. 105.**