

Native Students Receive GBC Presidential Awards

Article and Photo by Victoria Jackson

Elko, April 27 - Thirty Great Basin College students, and their families gathered in the GBC Theatre to celebrate student achievement. Three of the students were Native Americans from the Northeastern Nevada area, and two are enrolled members of the Te-Moak Tribe.

Dr. Mark A. Curtis, President of Great Basin College, explained the significance of the awards, "In recent years, we've been

awarding a specially designed medallion to outstanding program graduates."

"With over 3,500 students at GBC, you folks seated here tonight, represent GBC's top one percent," Curtis continued. "Your academic achievements brought honor to you, to your family, to your teachers and to the college, and for that, you have my sincere admiration - congratulations."

According to Great

Basin College, "Recipients are nominated by GBC faculty members who recognize the student for exhibiting academic excellence within their majors," and "The Outstanding Student Award is given to one graduating senior in each degree or certificate program at GBC."

Among the recipients, Shiara Holmes, of Owyhee, Nevada was awarded the Outstanding Regent

See AWARDS pg 2



Andrea Allison, of South Fork, shakes hands with Dr. Mark A. Curtis, President of Great Basin College, after she received her award during the GBC "President's Outstanding Student Awards Ceremony."

Couchum Fundraises for Head Teen Girl Honors

Article and Photo by Victoria Jackson



Elko, May 13 - Kailey Rae Couchum, 13, has been invited to be the Head Teen Girl Dancer at the Ely Pow-Wow July 28-29, 2017.

Kailey is the daughter of Cody Couchum and Kerry Ralston, and granddaughter of Stanley Couchum.

Couchum will hold a Teen Girls Jingle Dress Special on July 29, for girls 13-17 years old.

First place in the special will pay \$250, second place will pay \$150 and third place will pay \$100. The special is sponsored by South

See COUCHUM pg 3

Kailey Rae Couchum
Head Teen Girl Dancer Jingle Dress Special
 July 29, 2017
 Ely, Nevada

Teen Girls age group 13-17

Prize Money:
 1st - \$250.00
 2nd - \$150.00
 3rd - \$100.00

Giveaway to follow special

Sponsored by: South Fork Band - Lee, Nevada

Safety Fair - Elko

- Fire Safety
- Elko Ambulance
- Summer Safety
- Bike Safety
- WSDPS Police
- Animal Safety
- Bounce House
- Weather Safety
- & MORE!

RAFFLE

2017 Annual Safety Fair Saturday, June 24, 2017 Wongobi Park 10:00 AM - 2:00PM

Kids Fun Activities!

- ❖ Elko Band
- ❖ South Fork
- ❖ Wells Band
- ❖ Battle Mountain

For more information call contact: Darla Lozano, Crime Prevention Coordinator at (775) 299-1444

Head Start Plants

Pinwheels

Submitted by ITCN/Elko Head Start
Photos by Victoria Jackson

What is Pinwheels for Prevention?

April is National Child Abuse Prevention Month, a time to remember that we can each play a part in promoting the social and emotional well-being of children and families in our community. To help promote this reminder, Prevent Child Abuse America and local chapters nationwide use the Pinwheels for Prevention® campaign. The pinwheel is an uplifting reminder of childhood and the bright futures all children deserve. We want to reinforce the notion that healthy child development serves as a foundation for both community and economic development.

How can you help?
Get Involved



ITCN/Elko Head Start students push their pinwheels into the ground for Child Abuse Awareness Month.

Anything you do to support kids and parents can help reduce the stress that often leads to abuse and neglect.

See PINWHEELS pg 3

Te-Moak Tribes Contact Information

Te-Moak Tribes of Western Shoshone
525 Sunset Street
Elko NV 89801
Phone: (775) 738-9251
Fax: (775) 738-2345
Web Address
www.temoaktribe.com

Battle Mountain Band Council
37 Mountain View
Battle Mountain, Nevada 89820
Phone: (775) 635-2004
Fax: (775) 635-8016

Elko Band Council
1745 Silver Eagle Drive
Elko, Nevada 89801
Phone: (775) 738-8889
Fax: (775) 753-5439

South Fork Reservation Council
21 Lee B-13
Spring Creek, Nevada 89815
Phone: (775) 744-4273
Fax: (775) 744-4523
E-mail Address:
sforkcouncil.adm@gmail.com
Web address:
southforkbandcouncil.org

Wells Band Council
P.O. Box 809
Wells, Nevada 89835
Phone: (775) 752-3045
Fax: (775) 752-2179
E-mail address:
wellsbandmf@yahoo.com

Newspaper Contact Information

Tribal Administrator:
Phaline Conklin

Editor/Producer:
Victoria Jackson

Phone: 775-738-9251
tmknews@yahoo.com

Monthly submission deadline:
8th day of each month
No late submissions will be accepted

www.temoaktribe.com

AWARDS continued

Scholar Award, which is presented to only one community college student per year. Awards are based on academic accomplishments, leadership ability, service contributions while a registered student, as well as for the recipient's potential for continued success.

Nevada System of Higher Education Regent Cathy McAdoo introduced Holmes and outlined her community service projects, academic achievement



Shiara Holmes with Kristi Begay-Honeyestewa, Barrick Community Relations.

and personal goals. McAdoo highlighted one of Holmes's accomplishments, as creating a community library

in Owyhee within the Human Development Center. With donations from community members, and help from Facebook, she created a library.

Holmes is currently pursuing two degrees at Great Basin College and maintains a 3.91 gpa.

She is scheduled to graduate this month with her Associate Degree in Early Childhood Education. She plans to continue her education at GBC, to pursue her Bachelor of

Arts in Elementary Education, with an Early Childhood endorsement.

McAdoo concluded, "She is a true asset to GBC, and a shining star in the education program."

"It's an honor, for me personally," said Holmes, "but I really want to inspire other Native kids to attend college."

Holmes is also a scholarship recipient of the Barrick Gold Western Shoshone Scholarship Foundation.

Andrea Allison

Andrea Allison will be graduating this month, from Great Basin College. She will be receiving her Bachelor of Arts in Social Science.

Allison said she changed majors a few times throughout the course of her college career, and finally settled into Social Science, which gave her a wide variety of subjects to study.

About the Outstanding Student Award, Allison said, "it shocked me, I didn't expect it, it means that I've been doing



something right." Allison maintained a grade point average of 3.53, which helped the selection committee choose her to receive the award.

Safron Jones

Safron Jones received GBC's Outstanding Student Award as she will be graduating this month with a Certificate of Achievement in Medical Coding and Billing.

"I'm really excited that I got this award," said Jones. "Thank you everybody for your support, and I'm really happy."

Jones said she returned to college to further her education and plans to look for a job within the medical field after graduation.



"I'm actually doing this for my kids and myself," Jones concluded.

Jones is also a Barrick Gold Western Shoshone Scholarship Foundation scholarship recipient.



Class of 2017

ELKO BAND YOUTH HONORING CEREMONY

Thursday, June 8, 2017
5:30 pm
Elko Indian Colony Gym

Community members please bring the following dishes:

A - F Green Salad	G - N Potato/Macaroni Salad
O - S Dessert	T - Z Chips/Dip/Side dish

Parents: Please bring a picture of your graduating senior to share

For more information, contact Elko Band at 738-8889

Sponsored by:
The Elko Band Council

MIKE & BONE



ENTERTAINERS • MOTIVATIONAL SPEAKERS • RECORDING ARTIST

Lil Mike & Funny Bone

Saturday, May 27, 2017 Time: 8-?

Youth Hand Game Tournament

FOR NATIVE AMERICAN YOUTH
COME JOIN US

New Community Bldg., Battle Mtn, NV

\$25.00 Entry Fee 3-5 Per Team (Rules at Tournament)

Contact: Lorrie Carpenter @ (775) 635-2004

News Flash!

"Diabetes and Health" Topic Sessions

at Southern Bands Health Center – 738-2252
with Jan Boyer, Nurse Educator

The 4th Wednesday of every month for one hour!

Sign up at the Clinic Reception Desk (space is limited)

3:00 – 4:00 PM

Four Topics:
Class #1 – "Diabetes Overview and Goal Setting" – 5/24/17
Class #2 – "Blood Sugar Management & Medications" – 6/28/17
Class #3 – "Healthy Food Choices for People with Diabetes" – 7/26/17
Class #4 – "Managing Food Portions & Exercise for Health" – 8/23/17
(Series will begin again in September)

Elko Colony Health & Wellness Center



Flea Market

WHERE: GYM PARKING LOT
DATE: MAY 20TH, 2017
TIME: 8A.M.-1P.M.

\$20.00 A Space
Must provide own Shade, Tables & Chairs.

All Vendors Welcome
Food, Crafts, Drinks, Misc. Items for sale

All Vendors must be paid by May 18th no later than 4p.m.

Please Contact Brett or Norm @ (775)738-5038 to reserve your spot

Free Admission for shoppers

PINWHEELS continued

What you can do:

- Be a friend to a parent you know
- Ask how their children are doing
- Draw on your own experiences to provide reassurance and support.
- If a parent seems to be struggling, offer to baby-sit or run errands, or just lend a friendly ear.
- Show you understand.
- Be a friend to a child you know.
- Remember their names.
- Smile when you talk with

them.

- Ask them about their day at school.
- Send them a card in the mail. Show you care.
- Talk to your neighbors about looking out for one another's children.
- Encourage a supportive spirit among parents in your apartment building or on your block. Show that you are involved.
- Give used clothing, furniture and toys for use by another family. This can help relieve the stress of financial



burdens that parents sometimes take out on their kids

- Volunteer your time and money to programs in your

community that support children and families, like parent support groups or day care centers.

Shoshone Welcome Center Mother's Day Coloring Contest Results

Results and Photo by Nick Knight



Elko, May 12 - The winners of the Mother's Day coloring contest were announced during the day of celebration.

- 1st place - Betty Sam
 - 2nd place - Tamara Robles
 - 3rd place - Veronica St Romain
- Congratulations to the winners. A photo of all the entries are displayed on page 8.

COUCHUM continued

Fork Band, Lee.

The family will be holding a giveaway, following the special.

In preparation for the expenses involved with being a head dancer, Couchum, along with her family will be holding two different raffles.

The first raffle, is for the two items below, a set of sticks and bones, and a beaded check-book cover. Tickets for these items are \$5.00

per ticket for 6 tickets for \$20.00.

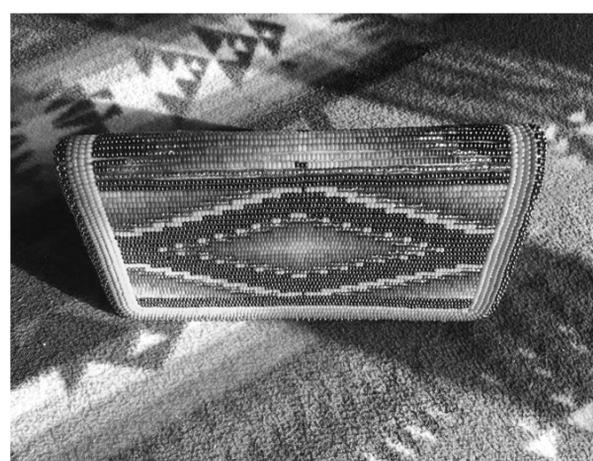
The second raffle will include the following items: gift certificates for haircuts, eyebrow wax and facial; gift baskets; wreath; beaded items: earrings, head bands, bracelets, lanyard and hat bands. Tickets for these items are \$1.00 per ticket or 6 tickets for \$5.00.

The drawing for the raffle items will be held on July 21st in Elko.

Winners do not need to be present to win.

Couchum's family members will be selling tickets up until July 21st, and she will be selling tickets at the Elko Colony Health an Wellness Center's Flea Market, May 20.

To purchase tickets, contact Colleen at colleencouchum@yahoo.com, Kerry at ralstonkerry@yahoo.com, or Carol Couchum in Owyhee.



Great Basin College Scholarship Information

FINANCIAL AID FOR COLLEGE STARTS HERE.

Apply Early!
For 2017-18 Free Application for Federal Student Aid (FAFSA)
October 1 is the first day you can apply file for the 2017-18 FAFSA. Based on 2015 Federal Tax Return.

FAFSA on the WEB apply at: www.fafsa.ed.gov
GBC School Code: 006977

IRS Retrieval Tool
Transfer accurate income data for 2015 directly from the IRS website into your FAFSA.

Apply for a Federal Student Aid (FSA)

Username and Password at: <https://fsaid.ed.gov>

- ✓ Student/Parent must create a Federal Student Aid (FSA) Username and Password.
- ✓ Returning students do not need to apply for FSA ID if you have already created one.
- ✓ Student/Parent must have their own email addresses.
- ✓ Student/parent have your 2015 Federal tax handy when filling out the FAFSA.

Apply for financial aid ONLINE

Using the *Free Application for Federal Student Aid (FAFSA)*.

www.FAFSA.ed.gov
Begin applying October 1 of each year.

GBC Scholarship Deadline / FAFSA required.

Help with the questions
If you have any questions about the FAFSA application, call Federal Student Aid Information Center at 1-800-433-3243 or

Walk-in or contact the GBC Student Financial Services Office, Berg Hall, Elko Main Campus or your local GBC Centers.
(775) 753-2399
Email: financial-aid@gbcnv.edu

The GBC Student Financial Services Office and the Department of Education will communicate with you by email. Check your email frequently.

FOR MORE INFORMATION
Call 1-800-4-FED-AID
1-800-730-8913 (TTY)

START HERE GO FURTHER
FEDERAL STUDENT AID

Western Shoshone Scholarship for students attending

\$1,000 per year
\$500 per semester

Eligibility Requirements:

- Student must be an enrolled tribal member (or must have an enrolled parent) of one of the following Western Shoshone Communities: Battle Mountain, Duckwater, Duck Valley, Elko, Ely, South Fork, Wells, or Yomba.
- A copy of Western Shoshone Tribal Enrollment (student). If applicant is not an enrolled member but their parent is an enrolled member, applicant must submit a copy of their parent's tribal enrollment and copy of applicant's birth certificate.
- Applicant must be enrolled full-time for a minimum of 12 credits per semester
- Applicant must maintain at 2.0 cumulative GPA

Other Requirements Include:

- Submit the 2017-18 Free Application for Federal Student Aid (FAFSA) at: www.fafsa.ed.gov
- Submit GBC Admission Application online at: <http://www.gbcnv.edu/admissions/>
- Personal statement (typed statement between 100 and 500 words)
- GBC unofficial transcripts (current students that completed the Spring 2016 semester). 2016 high school graduates do not require college transcripts.

Paper applications are available at Great Basin College, Student Financial Services Office, Berg Hall, or at your local community Tribal Higher Education Office

Download application online at:
www.gbcnv.edu/financial

Submit completed scholarship application by:

Walk-in or mail (postmarked)
application to: GBC Student Financial Service Office, Berg Hall, 1500 College Parkway, Elko, NV 89801

Fax to: (775) 753-2390
Email to: melinda.caskey@gbcnv.edu/financial

For more information, please contact:
Mindy Caskey, GBC Student Financial Services Office
(775) 753-2267 or Antoinette Cavanaugh (775) 397-4764

Deadline: Friday, July 14, 2017 by 5 p.m.

Shoshone Welcome Center Menu

May 2017

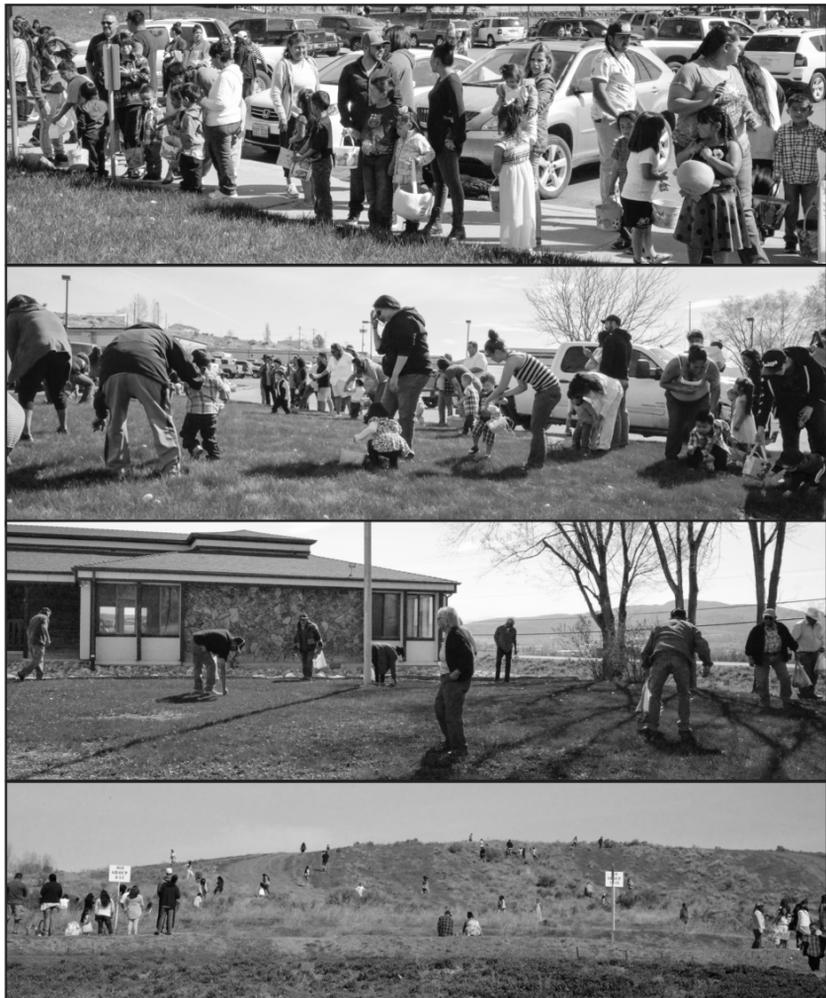
Lunch menu Shoshone Welcome Center 1543 Silver Eagle Dr. 775-738-0425

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch served from 12:00 to 12:30 pm	Chili Burgers French Fries Grn Salad Oranges	1 Tuna Casserole Peas & carrots Rolls Melon	2 Pork Stwe Corn Bread Grn Salad Tapioca Pudding	3 Chicken Alfredo Garlic Bread Broccoli Salad Cherry Jello w/fruit	4 Baked Ham / roll Scalloped Potatoes Peas & carrots Melon Salad	5 1% milk served daily
7	8 Hot Pastrami Sandwich Potato Salad Fruit Salad USDA OMMODITY	9 BBQ Chicken Pasta Salad Corn on Cobb Lime Jello w/fruit USDA COMMODITY	10 Taco Casserole Grn Salad Tortillas Vanilla pudding	11 Meatball Tortellini Soup / chips Grilled Cheese Apple Pie	12 Peppered Beef /Gravy Mashed potato /roll Mixed Veggies Mother's Day Cake	13
14	15 Lasagna /Garlic Bread Grn Salad Orange Jello w/fruit	16 Cream of Broccoli Ham & Cheese Sand Chips Fruit cocktail cake	17 HAPPY B - DAY FRIED Chicken Macaroni Salad Corn on Cobb Cake & Ice Cream	18 Hot Dogs Oven Potato Grn Salad Chocolate pudding	19 INDIAN TACOS W/ All the Trimmings Lemon Bundt Cake	20
21 Menu May Change Without Prior Notice	22 Pork & Cabbage w/ Rice cucumber Salad Apples	23 Soft Flour Tacos Spanish Rice Mexi - Corn Pistachio pudding	24 Meatloaf / roll Mac n Cheese Mixed Veggies Fruit Salad	25 French Dip French Fries Cole Slaw Melon	26 Pork Stir Fry w/Rice Fortune Cookies Moon Rock Jello	27
28 CLOSED FOR MEMORIAL DAY	29 Oriental Chicken Cole Slaw Salad W? Noodles Fortune Cookie / Fruit	30 Chili Beans w/ cheese & Onions / Grn Salad Corn Bread Peaches	31			

Elko Band Easter Egg Hunt Winners

Results Submitted by Easter Egg Hunt Committee
Photos by Victoria Jackson

- 0-3
1st: Izabella Garcia
2nd: Tobias Pete
3rd: Cooper Tom
 - 4-7
1st: Jeremy Shaw
2nd: Unclaimed
3rd: Savannah
 - 8-12
1st: Unclaimed
2nd: Taiomah Thomas
3rd: Mariel Orozco
 - 13-18
1st: Cameron Powers
2nd: Gabriel Vasquez
3rd: Emily Caudill
 - 19-54
1st: Anthony Moon
2nd: Michael
3rd: Name not legible
 - 55+
1st: Nevaeh Jacobo**
2nd: Penny Stevens
3rd: Bobby George
- **Navaeh received the 55+ basket, but donated it to the Seniors' Bingo Fundraiser.



Classes and Community Calendar

Elko Colony Health & Wellness Center Flea Market
May 20, 8:00 am - 1:00 pm
Gym Parking Lot
Vendors \$20:00 a space
FMI: Brett or Norm
775-738-5038

Diabetes Topic Sessions with Jan Boyer
May 24
4th Wednesday of each month
3:00 - 4:00 pm
Souther Bands Health Center
Must sign up at Reception
515 Shoshone Circle, Elko
FMI: Jan Boyer - 775-738-2252

Lil Mike & Funny Bone and Youth Hand Game Tourney
May 27
New Community Building
Battle Mountain
FMI: Lorrie - 775-635-2004

Elko Band Youth Honoring Ceremony
June 8, 5:30 pm
Elko Colony and Wellness Center
FMI: Elko Band 775-738-8889

Annual Safety Fair
June 24, 10:00 am - 2:00 pm
Wongobi Park, Elko
FMI: Darla 775-299-1444

Wells - Shoshone Language Class
Thursdays, 5-7 pm
Wells Band Environmental Department
1705 Mountain View Drive
775-752-2601

Active Citizens Meeting
Wednesdays 6-8 pm
Te-Moak Diabetes Center
FMI: Cherie, cherie.ike@britishcouncil.org

Elko Zumba
Mon, Wed, Fridays
5:30 pm - 6:30 pm
Te-Moak Diabetes Center
Elko
FMI: Lillian 775-397-6198
Sharon 775-388-3300

Battle Mountain Diabetes Program Scheduled Events:

Native Dance Class with Kid Fit Program
Wednesdays 4 pm - 5 pm
the Big House

Elder and Adult Workout/ Craft Day
Thursdays
Workout 5 pm - Gym
Craft 5:30 pm - Senior Center

Diabetes Education Class
Last Thursday of each Month
5:30 pm
Meeting Room

Dr. Patton (foot doctor)
First Thursday of each month
Call BMDA for appointment

Happy Mother's Day
Julianna Stevens



Love,
Your Girls

Happy First Mother's Day
Marrissa

Love,
Orian



Employment Announcements

Elko Band Council

TITLE: Summer Food Program Cook
SALARY: \$10.00 per hour/ 30 hrs per week
 Daily, Monday thru Friday
DATE OPEN: May 11, 2017
DATE CLOSED: May 25, 2017

DEFINITION:

Under the daily supervision of the Elko Band Administrator, the applicant will prepare nutritious lunch and plan menu on a daily basis for the Summer Lunch Program.

TYPICAL DUTIES:

- Responsible for initial cleaning and continued sanitation of kitchen and food storage areas.
- Responsible for proper storage of food and supplies.
- Responsible for shopping weekly for menu.
- Responsible for food preparation following sanitary procedures observing proper food temperature.
- Responsible for cleaning of food service utensils, areas and proper storage of utensils and equipment following recommended practices.
- Responsible for keeping all required records of the program.
- Responsible for staying within the budget.
- Responsible for supervision of cook's assistant and other staff assigned to the site

QUALIFICATIONS:

- Must have knowledge of public food preparation procedures and requirement or ability to learn during training.
- Must have ability to complete necessary reports, forms, and paperwork required of program.
- Ability to shop economically in required quantities.
- Ability to work with little or no supervision.
- Must have a High School Diploma or equivalent
- Must pass a background check
- Must have a valid Nevada's Driver License
- Must have a clean driving record for a minimum of three (3) years and no D.U.I.'s
- Must provide copy of driving record form Nevada DMV
- Perform all other duties as assigned

INDIAN PREFERENCE:

Preference in filling vacancies is given to qualified Indian candidates in accordance with the Indian preference Act (Title 25, U.S. Code, Section 472 and 473). However, the Elko Band Council is an Equal Opportunity Employer and all qualified applicants will be considered in accordance with the provisions of Section 703 (1) of Title VII of the Civil Rights Act of 1964, amended in 1991.

APPLICATION:

Applications may be obtained at the Elko Band Administration, located at 1745 Silver Eagle Drive, Elko, NV 89801 or by calling (775) 738-8889.

Elko Band Council

TITLE: Summer Food Program Assistant Cook
SALARY: \$9.50 per hour/30 hrs per week
 Monday thru Friday
DATE OPEN: May 11, 2017
DATE CLOSED: May 25, 2017

DEFINITION:

Under the daily supervision of the Summer Food Cook, the applicant will help prepare nutritious lunch on a daily basis for the Summer Lunch Program.

TYPICAL DUTIES:

- Assist in initial cleaning and continued sanitation of kitchen and food in storage areas.
- Assist the Cook in the responsibility for proper storage of food and supplies.
- Assist in food preparation following sanitary procedures and observing proper food temperature.
- Assist in cleaning of food, service utensils, areas and proper storage of utensils and equipments.
- Perform all other duties as required.

QUALIFICATIONS:

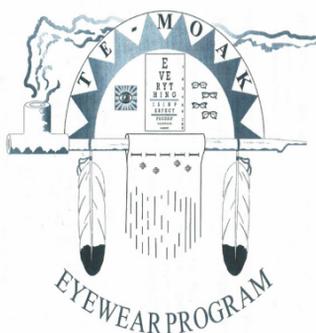
- Must have knowledge of public food preparation procedures and requirement or ability to learn during training.
- Must have the ability to complete necessary reports, forms, and paperwork required of program.
- Ability to shop economically in required quantities.
- Ability to work with little or no supervision.
- Must pass a background check
- Must have a High School Diploma or equivalent
- Must have a valid Nevada Driver's license
- Must have a clean driving record for a minimum of three (3) years and no D.U.I.'s
- Must provide copy of driving record from Nevada DMV
- PERFORM ALL OTHER DUTIES AS ASSIGNED

INDIAN PREFERENCE:

Preference in filling vacancies is given to qualified Indian candidates in accordance with the Indian preference Act (Title 25, U.S. Code, Section 472 and 473). However, the Elko Band Council is an Equal Opportunity Employer and all qualified applicants will be considered in accordance with the provisions of Section 703 (1) of Title VII of the Civil Rights Act of 1964, amended in 1991.

APPLICATION:

Applications may be obtained at the Elko Band Administration, located at 1745 Silver Eagle Drive, Elko, NV 89801 or by calling (775) 738-8889.



Te-Moak Eyewear Program is for EVERYONE in the Elko and surrounding areas. All you have to do is bring in a current eyeglass prescription, and we will set you up with the latest styles in eyewear. In just a matter of a week or two, you will be happy with how good you look and how clearly you can see, and the prices will make you even happier.

Call or come in today!!

775-738-9251

525 Sunset Street, Elko, Nevada 89801

TE-MOAK EYEWEAR PROGRAM

**OPEN TO PUBLIC
 EVERYONE WELCOME!!!**

(775) 738-9251

525 SUNSET STREET

ELKO, NV

WE HAVE VERY COMPETITIVE PRICES!!

COME IN TODAY AND CHECK OUT OUR WIDE SELECTION OF FRAMES. ALL YOU NEED TO DO IS BRING IN A CURRENT EYEGLASS PRESCRIPTION, AND WE CAN SET YOU UP!

WE CAN ALSO ORDER YOUR CONTACT LENSES.

WE NOW ACCEPT ALL MAJOR CREDIT/DEBIT CARDS.

**OFFICE HOURS:
 MONDAY-FRIDAY
 8:00A.M.-5:00P.M.**



TE-MOAK TRAFFIC SAFETY

Motorcycle/Bicycle Safety Awareness Month

By Toni Roloson, Te-Moak Traffic Specialist

The weather is slowly turning warmer, the daylight is lasting longer and people are gearing up for outdoor activities. As these things happen we will begin to see more motorcycles and bicycles on the road ways. It is important that not only those in vehicles be on the lookout for motorcycles and bicycles but that those who choose to ride either a motorcycle or bicycle be on the lookout as well.

As a motorcyclist, you should attend a motorcycle rider-training course to learn how to safely and skillfully operate a motorcycle. An estimated 33% of motorcycle riders killed in traffic crashes are not licensed or are improperly licensed to operate a motorcycle. Some good rules to follow as a motorcyclist are:

- Always wear your helmet.
- Remember you must abide by the same traffic rules and regulations as other motorists.
- Be aware that riding with a passenger requires even more skill than riding alone.
- Treat other motorists with courtesy and respect.
- Avoid tailgating.
- Avoid riding between lanes of slow moving or stopped traffic.
- Know and obey traffic laws, including ordinances in your community.
- Use signals when appropriate.
- Be especially alert at intersections because approximately 70% of motorcycle-vehicle collisions occur there!
- Assume that you are invisible to other motorists and operate your motorcycle accordingly.

More and more people are

turning to bicycles as a way to commute to work and other locations as well as for recreational purposes. While riding a bike is fun, healthy and a wonderful way to be independent, we must remember that a bike is a vehicle just like a car or motorcycle and we must be safe when riding.

When riding a bicycle be sure to:

- Always wear a helmet that is properly fitted.
- Adjust your bike to fit. There should be 1 to 2 inches between you and the top tube (bar) if using a road bike and

3 to 4 inches if a mountain bike. The seat should be level front to back. The seat height should be adjusted to allow a slight bend at the knee when the leg is fully extended. The handlebar height should be at the same level with the seat.

- Check your equipment such as tires and brakes.
- See and Be Seen. Always wear bright or reflective clothing, not white or black. Just because you can see a driver doesn't mean they can see you!
- Control your bicycle.
- Watch for and avoid road

hazards.

- Avoid riding at night if possible. If you must, wear something that makes you visible and have the proper lightening on your bike.
- Know the rules of the road, along with the laws and ordinances in your community. Riding a motorcycle or bicycle can be fun and rewarding. Be sure to follow these guidelines in order to stay safe and to keep others safe. Join us June 20, 2017 for our Bike Maintenance Day and June 22, 2017 for our Bike Rodeo. *www.nhtsa.gov

Te-Moak TMVCIPP Safety Week

Mark Your Calendars!!

June 5, 2017- Pre-Registration for Bike Rodeo Begins

June 20, 2017 – Bike Maintenance Day/Diabetes Walk

June 21, 2017- Alive @ 25 put on by Carrie Brown for youth ages 14-25

June 22, 2017 – Bike Rodeo 9am-3pm – Elko Colony Gym

June 23, 2017 – Car Seat Check Point

June 24, 2017- Safety Fair put on by Darla Lozano/Crime Prevention

Please mark your calendars for these dates. As we get further into the planning, times and locations will be confirmed and we will keep everyone updated.

We will also need volunteers for the Bike Maintenance Day as we would like to make sure all bikes are in working order before our Bike Rodeo.

Questions: Toni Roloson and Aaron Sam 775-738-9251 ext. 105

NATIVE AMERICAN NETWORK

DOJ POLICY ON MARIJUANA IN INDIAN COUNTRY MYTHS AND REALITIES

Article by: Shannon M. Bryant, Assistant United States Attorney and Tribal Liaison

Since the original printing of this article last year, the topic of marijuana use, possession, and cultivation on Native American tribal land has remained one of the most discussed, and most misunderstood, among tribal councils and tribal law enforcement agencies throughout Nevada. Unfortunately, many are still under the incorrect impression that if a tribal council passes its own laws that legalizes the use, possession or cultivation of recreational or medical marijuana, the federal government will not interfere. Again, this is incorrect, and a legally perilous path to pursue for any tribe. Thus, it is important to restate the Department of Justice's position on this topic.

Myth: The DOJ's new policy is that marijuana is now legalized in Indian Country.

Reality: No, that is not the policy at all. Marijuana remains illegal under federal law. That remains true even if a state legalizes marijuana use, possession, and/or cultivation.

Myth: If tribes elect to do so, they can now start producing and selling marijuana.

Reality: Wrong again. Federal prosecutors retain authority to prosecute violations of federal marijuana laws in Indian Country. The DOJ's memorandum of October 2014 does not change this. The memo merely provides guidance to United States Attorneys on prioritizing the enforcement of federal marijuana laws, especially in light of the growing number of states that have moved to legalize marijuana for medicinal, agricultural, or recreational use. The priorities to be considered by each United States Attorney are:

1. Preventing the distribution of marijuana to minors;
2. Preventing revenue from the sale of marijuana from going to criminal enterprises, gangs, and cartels;
3. Preventing the diversion of marijuana from states where it is legal under state law in some form to other states;
4. Preventing state-authorized marijuana activity from being used as cover or pretext for the trafficking of other illegal drugs or other activities;
5. Preventing violence and the use of firearms in the cultivation and distribution of marijuana;
6. Preventing drugged driving and the exacerbation of other adverse public health consequences associated with

marijuana use;

7. Preventing the growing of marijuana on public lands and the attendant public safety and environmental dangers posed by marijuana production on public lands; and

8. Preventing marijuana possession or use on federal property.

Myth: Medical marijuana use, possession, and cultivation are now legal in Nevada for valid Medical Marijuana Card holders. That means if a tribal member has a valid Nevada Medical Marijuana Card, he/she can use, possess, and grow medical marijuana on tribal land located in Nevada so long as he/she complies with Nevada laws.

Reality: That is also incorrect. A valid Nevada Medical Marijuana Card is not valid within the boundaries of land federally designated as Indian Country.

That said, however, a tribe may decide to enact its own regulatory framework to properly address the medical use, possession, and cultivation of medical marijuana in Nevada. In such instances, the tribal regulations must adequately address the priorities listed above and have strong, effective regulatory and enforcement systems that will address the potential threats to public safety, public health, and other law enforcement interests. If the Department of Justice deems that any one or more of the eight above-mentioned federal interests have not been adequately addressed, the Department of Justice may, in its discretion, initiate law enforcement action without warning. Unfortunately for tribes considering implementing such regulations and legislation, the federal government cannot provide any guidance or resources to those tribes regarding how to put a proper regulatory system into place. The reason for this is simply that the use, possession, and cultivation of marijuana remain illegal under federal law.

Moreover, any tribal council venturing into this area should seriously consider the potential impact its actions may have on future federal grant monies. Accordingly, it is imperative that tribal councils and members understand the very real legal dangers they may face should they decide to proceed down this path.

I hope this addresses and dispels some of the myths on this controversial issue. As always, tribal council representatives from our Nevada Native American communities are encouraged to contact me with any concerns or questions regarding this or any other issue that affects the public safety of tribal communities.



Nevada Department of Agriculture
Food and Nutrition Division
405 S. 21st Street
Sparks, NV 89431
Phone: (775) 353-3758 Fax: (775) 353-3749

Food Distribution Program on Indian Reservations 2017 Elko Distribution Dates

January 23 th & 24 th	July 17 th & 18 th
February 13 th & 14 th	August 7 th & 8 th
March 20 th & 21 st	September 18 th & 19 th
April 10 th & 11 th	October 16 th & 17 th
May 8 th & 9 th	November 13 th & 14 th
June 19 th & 20 th	December 11 th & 12 th

Monday -Times are from 2:00 pm to 4:00 pm.

Tuesday -Times are from 8:00 am to 11:00 am.

Please remember start times are approximate depending on road and weather conditions.

Health Insurance Information

Submitted by Te-Moak Tribe Administrator

Hello community partners and licensed producers,

Please see the below and attached statement from our executive director, Heather Korbolic on the recent House passage of the American Health Care Act (AHCA). Please inform your consumers who are currently enrolled in QHPs through the ACA and the Exchange in Nevada that they should not be concerned for this upcoming Open Enrollment season, which kicks off Nov. 1 through Dec. 15th. Nevadans who remain uninsured or underinsured should continue to seek proper, budget-appropriate health insurance for themselves and their families.

May 5, 2017

Silver State Health Insurance Exchange

On Thursday, May 4, 2017, the House passed Republican legislation to repeal and replace the Affordable Care Act (ACA) with the American Health Care Act (AHCA), a landmark vote on a bill that is anticipated to affect healthcare for millions of Americans.

It's important to keep in mind that while the AHCA has passed (217-213 vote), the bill has a long procedural road ahead. The bill will be evaluated by the Senate parliamentarian and rewritten and amended by the Senate. If the Senate passes a bill it will then have to pass through the house again. There is a lengthy and complex process before any changes to the law are finalized.

Consumers who are currently enrolled in a Qualified Health Plan (QHP) through the ACA and the state-based Exchange in Nevada (Nevada Health Link) should not be concerned about the upcoming Open Enrollment season, which kicks off on November 1, 2017 and runs through December 15, 2017. Moreover, Nevadans who remain uninsured or underinsured should seek proper, budget-appropriate health insurance for themselves and their families by visiting www.NevadaHealthLink.com. The Nevada Health Link remains committed to connecting Neva-



Brian Sandoval
Governor

Florence Jameson, MD
Chairman
Heather Korbolic
Executive Director

Silver State Health Insurance Exchange
2310 South Carson Street, Suite 2 Carson City, NV 89701 T: 775-687-9939 F: 775-687-9932
www.nevadhealthlink.com/sshx

Statement

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Silver State Health Insurance Exchange

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The Exchange continues to collaborate with stakeholders, policy makers and other community partners to present the best healthcare options and first-class customer service to Nevadans. Nevada Health Link currently has 89,000 enrollees, a number that continues to climb year-over-year and is a strong indication that there remains a demand and substantial benefits for an Exchange in the state of Nevada.

Should you have further questions or would like resources in connecting consumers to Nevada Health Link, please contact us at 775-687-9939 or email us at contact@exchange.nv.gov.

Heather Korbolic
Executive Director
Silver State Health Insurance Exchange

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Heather Korbolic
Executive Director
Silver State Health Insurance Exchange

Te-Moak Diabetes Program

We have some exciting news! With summer approaching and the weather getting warmer, we are now offering Morning and Evening classes here at our Center. Classes that are currently being offered to community members are, Zumba, Step Aerobics and Kick Boxing. The instructor is willing to offer classes in regards to toning as well. ALL classes are FREE and available for commu-

nity members, so come out and join us! If you aren't sure what Zumba or Step Aerobics is about, come on down to the Diabetes Center during the scheduled day/time of the class and check it out. The schedule for classes are posted on a flyer within the tribal newspaper and also available on our

Facebook page: Te-Moak Diabetes Center
Link: <https://www.facebook.com/pg/Te-Moak-Diabetes-Center-277297932383387>

com/pg/Te-Moak-Diabetes-Center-277297932383387

Follow our Facebook page for schedules on exercise classes and upcoming events! We also have gym memberships with Elko Strength & Fitness! For those of you that are seeking help in weight loss, strengthening or nutrition come on down to the Diabetes Center to fill out an application, just bring your Tribal I.D.

Summer Youth Activities

Summer is right around the corner and we are open to ideas or suggestions from parents/guardians, community members and youth in regards to summer activities. Please feel free to post your ideas on our Facebook page (link is above) or give us a call at the Diabetes Center and ask for Courtney or Sharon. We can't wait to hear some of your ideas!

ZUMBA[®]

fitness classes

JOIN THE PARTY

every day of the week
zumba on mon. wed. fri.
10am-11am and 5:30pm-6:30pm

kick boxing on **tuesday's**
step aerobics on **thursday's**
5:30pm-6:30pm

instructor: **amanda ruiz**

@ the te-moak diabetes center

775-738-4881

all ages welcome!

Elko Strength & Fitness

Type of trainings provided:
Weight loss,
Strengthening, Circuit,
Personal/Group training,
Boxing, Women's toning &
MORE!

Come on over to the
te-moak diabetes center
for an application!
Bring Tribal I.D.

available for diabetics &
non-diabetics

Give us a call @775-738-4881
for questions!



SHOSHONE WELCOME CENTER

Article by Victoria Jackson

Photos by Arvilla Johnny, Shoshone Welcome Center Director

Elko, May 5 - Seniors from the Shoshone Welcome Center took a trip to witness the abundance of water at Shoshone Falls. Shoshone Falls is located 20 miles east of Twin Falls, Idaho.

Arvilla Johnny, Shoshone Welcome Center Director, explained that the seniors had been watching the news and talking about visiting the park to look at the water.

The group of 12 took two vans and left at 6 am. They stayed at the park for a couple of hours, then ate lunch at Golden Corral and shopped in Twin Falls. The group returned to Elko around 5:30 the same evening.

"We've gotta keep them busy, to keep them going," explained Johnny. "It was a very nice trip, and we're looking forward to the next one."

Arnetta Thompson recounted the trip, "I've lived here all of my life, and I've never been there, that was the first time. They had the big rainbow, it was nice, and I really enjoyed it."

Rebecca Temoke said she'd been to Shoshone Falls before with her family. "We didn't go anywhere, we just sat in the sun. Other people went on the ramp, but we just watched."



Seniors Visit Shoshone Falls



Seniors Celebrate Mother's Day 2017

Photos by Victoria Jackson



Elko Native Dance Class
 Diabetes Center 3:15-4:45pm
 Tuesday & Thursday
 Snacks & Rides Home Provided
 If any questions or concerns
 please call Courtney
 738-4881 or 401-0770